

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Caring Pregnancy Center (dba Options Pregnancy Center)

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Goal: To provide necessary services and referrals to pregnant and parenting women in south-central MN

For the period: January – March 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant staff; complete grant forms; attend required grant meetings; hire and coordinate on-going training of grant staff		Continuing training of new PA staff, reviewing grant funded programs for possible expansion/improvement.	
Outreach	Provide medically accurate website; advertise in local venues; distribute posters and brochures; advertise on local buses		Pregnancy center/PA service outreach as part of 2 church youth group, 1 college class and 2 adolescent treatment center sexual wellness presentations. Renewed advertising in school sports programs and substance abuse prevention magazine.	
Case Management Services	Provide on-going telephone and/or office appointments for clients testing positive for pregnancy	18	Client Advocates provide ongoing office visits with clients during pregnancy and after. Phone calls are made when client is unable/fails to come for an office visit.	46
Crib Distribution/ Sleep Safety Education	Enroll clients in Sleep Safely Program; provide information and education on safe sleep, pregnancy, infant care, and parenting; provide crib; deliver and assemble crib if needed	36	Program continues to be well received by clients. Slight reduction in client participation during winter months.	32

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Employment Assistance	Enroll participants in Work Readiness Project; conduct assessment of work readiness skills; provide work station and mentoring; provide evaluation, incentive and references	32	Continuing with training for the Work Readiness Project Coordinator and mentor/staff. Participation by clients continues to be low, but improving the last part of May and beginning of April.	22
Life-Skills Education Program	Provide life-skills educational components for program participants as needs are identified	16	Project staff, Client Advocates, and mentors have provided clients with information on job applications, budgeting, relationships and parenting.	16
Material Support	Provide material assistance and basic housekeeping needs to pregnant and parenting women	16	We continue to provide diapers on an emergency basis. Requests for clothing and diapers remains high.	44
Mental Health	Provide individual substance abuse education; provide referrals for ongoing alcohol/drug counseling; provide relationship counseling	5	We continue to see a large percentage of our clients with drug abuse histories, or with partners who are using drugs.	20
Nutrition	Provide infant formula and baby food; provide nutrition education; provide WIC and food shelf referrals	5	Client Advocates continue to stress the importance of good nutrition.	8
Parenting Education	Provide parenting education with incentives	30	Client Advocates provide parenting education on an ongoing basis up to one year after birth if client requests.	39
Pregnancy Education	Provide pregnancy education with incentives	36	Pregnancy education is a large part of our crib program. Educational materials are continually reviewed and updated.	36

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Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	2	Intake assessments are completed with all new clients. Most return for additional services.	4
Transportation	Provide gas cards or bus tokens for clients to attend Center or medical appointments	3	Bus tokens and gas cards have been beneficial in helping clients keep their appointments. As rural bus routes are expanded we anticipate an increase in both clients and the need for bus tokens.	4

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	3
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	14
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	11
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	4
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	0

Challenges:

Comments: